

The EEG Laboratory is located next to the Pediatric Ambulatory Day Care facility – ground floor  
Hadassah Mount Scopus appointment center – call 02-5842111  
Contact the laboratory with any questions through the appointment center

## Information Sheet for Patients Scheduled to Undergo Electroencephalography (EEG)

### Electroencephalography (EEG) דף מידע למטופלים לקראת בדיקת

Dear Patient,

This sheet is designed to provide you with instructions before you have a standard or sleep electroencephalogram (EEG). The test measures electrical activity in the brain to find neurological problems. The purpose of these instructions is to ensure that you come in for the test prepared and in a manner that ensures that the test is as accurate and comfortable as possible.

The test is external and painless, but it does require advance preparation according to the **following instructions**:

- Wash your hair the night before the test (or on the morning of the test). You can use shampoo/conditioner - do not come in for the test if your head is not clean.
- Do not use products such as mousse, hair oil, styling gel, etc.
- You can eat, drink and take medications as usual.
- You can bring shampoo and a towel or a head covering, because during the test a cream is used to stick the electrodes to your scalp.
- You must bring the referral letter from the doctor and provide an e-mail address (or fax number) to send the results.
- Bring the appropriate payment authorization for the test (for a standard EEG: code 95812 or for a sleep EEG: code 95822).
- The length of the test when you are awake is about 40 minutes and when sleeping, it is over 60 minutes. A repeat test may take less time. Make sure to bring food, a change of clothes, etc.

#### Special instructions for children or an uncooperative adult

- **Up to the age of one year:** Bring the baby in when tired and make sure to feed/breastfeed the baby before the test. It is important to bring anything that soothes and helps the baby fall asleep. Do not let the baby sleep on the way to the test. Make sure to bring diapers, a pacifier, etc.
- **Up to the age of two:** Wake the toddler up early (at least 4 hours before the test) and bring them in when they are very tired. It is strongly recommended not to let the toddler sleep before the test. Make sure to bring diapers, a pacifier, etc.
- **Ages 3 to 5:** Wake the child up at 4 a.m. (at least 6 hours before the text).
- **Age 5 and up:** Wake the patient up at midnight (whether a child or adult) and make sure they remain awake until the test.

Wishing you the best of health,  
The EEG team - Mount Scopus